



ANNUAL REPORT 2020

Over the last 12 months Nomad has continued to support children, young people and families in Henley through a range of activities, programmes and events. These include our Schools programme, After School & holiday activities, Parenting Support programmes and our Community initiatives.

Some of the highlights of our year have been:

- Annual beach trip to Boscombe with a full coach of people ranging in age from 1 to 70 + yrs
- Community Fun events at the YMCA where residents enjoyed a free BBQ, inflatables, face painting, football and other fun activities.
- Skateboard Workshops in partnership with SODC and Gainsborough Residents Association were both attended by over 100 children young people and parents including free bouncy castles, face painting and a visit from the Henley Fire Station with their fire engine
- 3 residential trips which were free to access for targeted Henley Young People including visits to The Pyrenees in France, Snowdonia and The Lake District. Young people were challenged to overcome some of their fears and to stretch themselves whilst partaking in outdoor challenges including climbing mountains, gorge walking and canyoning.
- A successful and busy summer programme of activities for young people including mountain biking, paintballing, coastering, outdoor water parks.
- An increased presence in our weekly detached sessions at the skatepark and out and about in Henley meeting young people 'where they are at' has enabled us to improve relationships with some young people enabling us to support some on a one to one basis including PT sessions, advice and guidance, employment and housing support.
- 30 young people mentored weekly at local schools
- A very popular weekly football group for young people aged 16+ in partnership with Henley YMCA and weekly mentoring sessions continue to be held at the YMCA
- Targeted weekly youth group held at the d:two centre
- Many young people aged 16+ receiving weekly support and guidance

The holistic nature of Nomads work enables us to support whole families. Our support programmes with young people are designed to divert them towards positive activities as well as being fun. Interwoven throughout our work is an intention to help them develop skills to equip them to make positive choices and live, responsible and meaningful lives.

Supporting parents is also significant as we provide practical advice and guidance in parenting, budgeting, money management, housing and health issues. This year we have piloted a new early intervention parenting programme entitled 'drug proofing your kids'. We plan to repeat this.

The demand for food parcels in 2019/20 has continued to increase. The generous donations of food and financial donations has also grown considerably to meet the need and we are grateful for the many people across the town who support the Food Bank with donations or by volunteering. Over the year NOMAD delivered 297 emergency food parcels, (768 bags of food) which directly benefited 371 adults and 179 children. In addition, NOMAD also provided several food parcels for Homeless people and 122 Christmas food parcels, (302 bags of food).

With 4300 interventions being made throughout the year, the Nomad Team are constantly kept busy. We count it a privilege to be working within our community and once again we would like to say thank you to Henley Town Council for their ongoing support.

Tim Prior | Nomad Project Manager | February 2020

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