

# **BRITISH RED CROSS**

## **Want to do your bit but not sure where to start?**

Whether you have ten minutes, or ten months, there are hundreds of ways for you to get involved with our work.

You could volunteer in a shop, help young refugees adjust to a new life, or take part in a fundraising challenge – whatever takes your fancy.

Join our friendly team of volunteers and do something positive for your community. Anyone can volunteer. It doesn't matter what your skills, experience or background are, or how much time you have to give.

## **Fundraising**

### **General volunteer**

Help raise money for the Red Cross by:

- organising or helping to run an event
- promoting our work by giving talks, writing letters or applying for funding
- getting involved in Red Cross Week each May – our biggest fundraising event of the year.

### **Collections volunteer**

Could you spare some time to collect money for the Red Cross at your local supermarket or shopping centre? Register to be a BRC collector

### **Red Cross Week collector volunteer**

Red Cross Week is our annual fundraising extravaganza and we need fundraisers. You could collect donations in a shopping centre or arrange your own fundraising event such as a bake sale, concert or sky dive.

For more information please call us on 0300 456 1005 or email [getfundraising@redcross.org.uk](mailto:getfundraising@redcross.org.uk).

## **Independent living: help people at home**



From giving people confidence or delivering wheelchairs to taking someone to hospital, our volunteers help people to be independent.

## **Support at home volunteer**

Sometimes people need help in their own home for a few days or weeks – perhaps following a hospital stay, or if their usual carer is absent. Could you pop round for a cup of tea or help them with shopping?

### **Hand, arm and shoulder massage volunteer**

Help people relax. Reduce stress in emergencies. Alleviate pain for those feeling anxious, tense or ill at home or in hospital.

### **Mobility aids volunteer**

Your role could include:

- demonstrating how to use and maintain our wheelchairs and other mobility aids
- delivering and collecting equipment
- supporting other volunteers in the service.

### **Transport support volunteer**

Do you own a car and have a little spare time to help someone who would really appreciate it? Our transport support volunteers give invaluable assistance to those who can't get about easily or use public transport.

### **Volunteer in our charity shops**



Our charity shops offer many roles from serving customers to creating eye-catching displays. The shops are packed with everything from vintage gems to quality gifts and clothes.

### **Shop volunteer**

Are you a rummager with a flair for finding hidden treasures? Or do you enjoy a chinwag and meeting new people? If the answer's yes, then volunteer in one of our shops.

### **Shop manager volunteer**

Supervise a team of staff and volunteers and encourage stock donations from the local community. Your goal will be to generate much-needed income to support our work.

### **Shop driver volunteer**

Form part of the local retail team, supporting Red Cross shops in your area. Your role will include deliveries and collections to and from the public, businesses and other Red Cross shops.

## First Aid



**Train in advanced first aid and you'll be ready to help at any event, from a community fete to a festival or a football match. Or you could teach your first aid skills to others, so that more people can cope in a crisis.**

### **Event first aid service volunteer**

Give first aid to people who need help at public events and support the ambulance service.

### **Event first aid ambulance crew volunteer**

Provide first aid and life-saving services to people who need help at public events, accidents and major incidents. You will support the ambulance service with their vital work.

### **Event first aid support volunteer**

Provide vital administrative assistance and help co-ordinate the event first aid team.

### **Adult first aid educator volunteer**

Develop and run first aid learning programmes for different community groups.

## Emergency response volunteering



**In an emergency you'll be there to help when someone needs it most. Whether you're reassuring someone after a fire or organising food for a flooded community, you'll provide vital assistance day or night.**

### **Emergency response volunteer**

In an emergency such as a transport incident, evacuation, flood or fire, you'll be there to help. You'll support the emergency services at a rest centre, or provide first aid or transport assistance. You could also provide practical and emotional help to

people who have suddenly found themselves homeless following a fire, evacuation, industrial accident or flood.

### **Emergency response support volunteer**

Help provide vital administrative and logistical support to a Red Cross team during a major incident or disaster.

### **Volunteering for young people**

Volunteering is a great opportunity to make a difference while adding something great to your CV.

It doesn't matter whether you've got one hour or six months – we have something for you.



### **Volunteer internships**

Develop your professional skills, boost your CV and make a positive contribution to our work.



### **International youth volunteering**

If you're aged between 18 and 30, you can volunteer in Europe for eight to 12 months with our international youth volunteering programme.



### **Hundred 2 Hundreds**

Do you have a big fundraising idea? We could give you £100 to make your idea a reality.



### **Work experience for young people**

A one-week work experience placement could help you gain skills and experience that will prepare you for the working world.



### **Why volunteer with us?**

You're young. You're busy. You've got a hundred other commitments. So why spend your precious free time volunteering with the Red Cross?



### **Inspired Action: helping organisations work with young volunteers**

Does your organisation support young volunteers, with or without disabilities? Collaborate and learn with us at a special event.

### **Refugee support**



**Offer practical support and advice to refugees and asylum seekers to help them settle in to a new environment.**

#### **Caseworker volunteer**

Help vulnerable asylum seekers and refugees to access suitable support services, the NHS, social services and legal representatives. You need to be diplomatic, with good communication and teamwork skills.

#### **Support volunteer**

Offer valuable support and advice to refugees and asylum seekers to help them settle in to a new environment. Help them access healthcare, clothing and local amenities.

#### **Interpreter volunteer**

Use your language skills to offer valuable support and advice to help people who are settling in to a new environment.

### **International family tracing**



When families are separated by war or disaster, we search for lost loved ones. You can be an invaluable member of the team that helps to reunite families.

### **International family tracing admin support volunteer**

You would provide crucial administrative support for the teams involved in tracing separated family members. You could be maintaining databases, typing correspondence and assisting with case reviews.

### **Caseworker volunteer**

In this role you could be interviewing people who have lost contact with their families due to armed conflict, political upheaval, natural disasters or migration. You might carry out local searches and research to find people in the UK.

### **Interpreter volunteer**

In this role you could use your language skills to interview people who have lost contact with a relative because of war or disaster. Trace missing relatives and send messages overseas on behalf of families who cannot communicate with our caseworkers in English.

### **Education and training**



Help young people to understand, cope with and respond to crises by teaching humanitarian and first aid skills. Help train other volunteers and staff in a wide range of skills.

### **Youth education volunteer**

Help young people aged 10-19 learn how to cope with crises such as disasters, stigmatising behaviour and conflict.

### **University and student group volunteer**

Enthuse talented young people about our humanitarian work and help them get involved in Red Cross activities. You could help students to form a university group or learn first aid.

### **Casualty simulation volunteer**

This is a chance to use your acting and role-play skills. Play the part of a casualty so that teams can practise their first aid skills and prepare for big emergencies.

### **Tutor**

Train other volunteers and staff in a wide variety of skills.

### **Quality assessor and monitor**

Help to maintain our high standards by assessing and monitoring our work.

## **Administration**



Help us to help people in crisis and be a valued member of an office team. Help our UK services with vital administrative tasks.

## **Support volunteer**

Integral to the smooth running of the organisation, you could be helping out with a particular service when they're busy. You could lend a hand in IT or marketing, or help at one of our centres. Whatever happens, you will contribute to a great cause.

## **Communications volunteer**

You will make sure that information available to the public or our volunteers and staff is correct, inspirational and helps spread our humanitarian message.

## **Contact**

British Red Cross Berkshire, Buckinghamshire and Oxfordshire  
John Nike House - RG1 5SF  
t: 0118 935 8230

## **UK Office address**

British Red Cross, UK Office, 44 Moorfields London EC2Y 9AL

## **Switchboard**

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